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## Push Post: Student Newsletter

**APRIL 2019**

Hey there <<First Name>>!

In this month's newsletter: Everything you need to know right now.

It's time to put down the chocolate bunnies and dust off your pencil case as we leap back into some revision tips and open day advice with this month's newsletter.

If you can't wait for the next newsletter why not check out our archives [here](#). We'll see you soon.

The Push Team

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**WHAT'S NEW?**



## **MONEY MANAGEMENT: HOW NOT TO FALL INTO THE RAT RACE**

Everyone – and I mean *everyone* – has the ability to build wealth. It's just a matter of developing the right strategy and mindset.

You are just one tactic away from having all you ever wanted. We live in a world where there is a magnitude of success coaches, transformation gurus, personal development specialists – promoting a huge menu of courses, conferences, motivational workshops, mastermind groups, and 1-to-1 coaching sessions – all aimed at increasing your wealth... [read more.](#)



### **HOW ORGANISING MY Y11 HOODIES GOT ME A JOB AT STITCH**

After completing my studies at university this year, I sat down to tackle what every new graduate



### **WHY CHOOSE A CAREER IN PERSONAL TRAINING**

The numbers tell the story:

- The fitness industry has grown by 75% in the last decade

dreads - applying for my first 'real' job and dusting off my CV.

I began with the qualifications and previous work experience which I thought was the most relevant, and then moved onto extracurricular activities that demonstrated organisation and initiative... [read more.](#)

- The estimated total market value of the sector is £4.9 Billion
- Obesity in the UK is on the rise by around 18% year on year

And with the demand for personal trainers and weight loss consultants outweighing the supply, there are plenty of opportunities out there for those looking to [become a personal trainer... read more.](#)

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## WHAT SHOULD I BE DOING?

### For year 12s

Choosing your uni is one thing, but getting in is a whole other ballgame. And until universities develop a Harry-Potter-style Sorting Hat, they're stuck with a combo of personal statements and grades to tell them who deserves a place at the Gryffindor table.

So this summer, whether it's A Levels, Highers or mocks, you're likely to have exams. And what do exams mean? Sigh. Revision... [read more.](#)

### For year 13s

If you've heard from all your unis, have made your decision and told them about it, then you're done with application process for now.

Congrats. Breathe a tiny sigh of relief.

Aaah.

But don't take your foot off the pedal just yet. Now you need to get your grades or meet any other 'ifs' and 'buts' your chosen unis may have asked for. You may not be in Year 12, but take a look at the revision tips [above... read more.](#)

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## WHAT NEXT?

Push titbits of news and advice on heading to [uni](#), [apprenticeships](#), [school leaver schemes](#), and the world of [work](#).



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